Recognising Our Great Students

Congratulations to the following students who received merit awards at yesterday’s K-6 assembly.

Bronze: Harrison G
Silver: Jack R, Noah T, Zarley O
Gold: Caleb G, Maddi H
Matisse C, Ethan H

Life Education

Happy Harold and the life Education van is again visiting the students at Milton Public School from Monday 11th February to Monday 25th February. Life Education has been supporting students with Drug and Health Education programs since 1979. These lessons have been successfully integrated into our Health and Personal Development programs for each grade and we are committed to continuing this organisation for 2013. All students are required to attend. The cost of the program is $5.00, thanks to a subsidy by Ulladulla Rotary. Permission notes have been sent home with students and we would appreciate your payment as soon as possible, prior to your child attending. The timetable and information regarding Harold Merchandise will be included with the permission note. All proceeds from the sale of these items support Life Education within our local area.

Resilient children

The proverb “Every change brings an opportunity” rings true to addressing resilience at Milton Public School. Resilience is required at the beginning of every school year, as change is inevitable; new class mates, new teacher and new assembly lines just to name a few. While there are anxieties and uncertainties, we should focus on positives such as new challenges and a clean slate. This helps students start the new year on a real positive note.

Resilience is coping with change, and for many young children change can be stressful and scary. Helping a child to keep things in perspective and understand why change is an inevitable part of life, will help them to navigate and bounce back from tough times and move forward to better times. Wherever possible, ensure that children have unconditional support and stability from their family or caring network.

Semester One 2013, Class Councillors

Congratulations to the following students who have been elected class councillors by their class mates. They will be recognised next Monday the 18th February, at our morning assembly, parents are encouraged to come.

This year will see the continuation of the Student Representative Council. The class councillors play an important role in this council and we look forward to working with them.

<table>
<thead>
<tr>
<th>Class</th>
<th>Councillor</th>
<th>Vice Councillor</th>
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</thead>
<tbody>
<tr>
<td>2 / 3 S</td>
<td>Harrison H</td>
<td>Annalise H</td>
</tr>
<tr>
<td>3C</td>
<td>Coco R</td>
<td>Baylee K</td>
</tr>
<tr>
<td>3R</td>
<td>Sophie E</td>
<td>Maddison H</td>
</tr>
<tr>
<td>3 / 4 D</td>
<td>Zahra P</td>
<td>Riley P</td>
</tr>
<tr>
<td>4H</td>
<td>Maisie S</td>
<td>James D</td>
</tr>
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<td>4N</td>
<td>Zane W</td>
<td>Jordyn A</td>
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<tr>
<td>4 / 5 A</td>
<td>Jack S</td>
<td>Courtney L</td>
</tr>
<tr>
<td>5B</td>
<td>Caleb G</td>
<td>Regan R</td>
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<tr>
<td>5K</td>
<td>Imogen H</td>
<td>Christabella H</td>
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<tr>
<td>5 / 6 N</td>
<td>Jessica H</td>
<td>Alex D</td>
</tr>
<tr>
<td>6G</td>
<td>Chelsea E</td>
<td>James S</td>
</tr>
<tr>
<td>6C</td>
<td>Zara H</td>
<td>Dale R</td>
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</tbody>
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Term 1 - Class Councillors

Year 7 - 2014

This week students in year 6 will receive Enrolment Procedure documents for enrolment in year 7 in 2014. Once completed the “Expression of Interest for Placement in year 7 at a NSW Government Secondary School” needs to be returned to class teachers no later than Friday the 15th March 2013. Please hand forms to year 6 class teachers.

1A News

Could students in 1A please bring in the following (if possible) for our class Milton Show Poster:

- scraps of green or blue fabric or paper
- old stamps
- old buttons
- other fabric or paper scraps in any pattern or colour

Thank you!

Canteen News

Reminder NO WARM CHICKEN AND GRAVY ROLLS available Term 1 due to supplier shortage. Sorry for any inconvenience.

This week’s special at the canteen

Fresh Fruit Salad $1.40

Available from the canteen at recess and lunch

Canteen Roster

Wednesday 13/2  Tiare Holmes
Thursday 14/2  Sharon Gilson
Friday 15/2  Lea Harding, Laura Pavy
Monday 18/2  Tiana Evans
Tuesday 19/2  NEED HELPER
Wednesday 20/2  Mel Elsworth

Scripture

Scripture classes commence next week. We thank all our scripture leaders for volunteering their time to provide this service for children. Students will be attending the same classes as last year unless a written request to change is received from a parent. We will do our best where possible to accommodate these requests. To assist with the smooth running of classes and minimise disruptions, we ask that your children remain in the same group wherever possible for the year.
Swimming Carnival

Finally, a sunny day for our carnival after four years of rain. It was pleasing to see so many students competing, especially in the seniors. The ‘toe dippers’ race for those who weren’t strong swimmers was also very popular. The winning house was Cook by 2 points only clinched by some extremely exciting senior relays. The Age Champions were Seniors - Zali P and Otis R, 11 Years - Mackenzie C and Jayden F and the Juniors - Chelsea P and Kye F. Many thanks to all who helped on the day. The House Captains whose enthusiasm and organization was a delight to be seen. Parents your support and assistance was greatly appreciated and always adds to the charm and atmosphere of our school. The teachers whose support, flexibility and patience makes the day much easier. The parents who helped pack up in the afternoon and the “dirty dozen” who set up early in the morning. All helped make it a wonderful day. Thank you all so much.

We will have 30 students representing the school at Narooma on Friday the 22nd February. Students have been notified and notes will be given out today or tomorrow. We wish them all the best of luck. Mr MacDonald

A big thank you also goes out to Mr MacDonald for organising such a well run carnival and ensuring perfect weather on the day.

Milton Show Time Again

Our K-2 classes are busily working on their posters for this year’s annual Milton Show which takes place on Friday 1st March and Saturday 2nd March. The theme this year is “Everything Old Is New Again”. All K-2 students will receive a note about the show soon. Let’s keep fingers crossed for great weather and a great day. If you would like to enter in the following sections:- Fruit and vegetables, Cooking, Flowers, Craft and Sewing, Handcraft, Pottery, Art, and Photography. Entry forms for junior sections are now available from Milton Public School office. If any students are entering craft or non perishable items in the show they can be left at the school office Monday 25th February.

Bookclub

Bookclub order forms are available now at the front office, all orders must be returned by Monday 18th February. No late orders accepted.

COMMUNITY NEWS

The following articles have been submitted for inclusion in our parent newsletter and are not part of Milton Public School curriculum.

Illawarra Regional Eisteddfod.

Location: Smiths Hill High School
Syllabus can be viewed and downloaded from: www.illawarraregioneisteddfod.com.au.
Closure dates for entries: Friday 16th February.
Sections include: Dance, Drama and Singing.

Play Group in 2013

Don’t Forget to Book Monday Play Group
Comences on 4th February
Wednesday Play Group
Comences on 6th February
10.00 am - 12.00 pm
(not during school holidays)
Milton Ulladulla Family Support Service
Ph: 44 555 428

Groovy Grands 2013 Term 1 Dates
Every 2nd Tuesday 10.00 am -12.00 pm
12th & 26th February + 12th & 26th March + 9th April

We cater for Grandparents & their Grandchildren in a safe, fenced environment with professional support.
Activities include—Painting, Music, Story Telling, Playdough, Bike Riding, Family Corner

Milton Ulladulla Family Support Centre
158 Green Street Ulladulla
Bookings are essential: Please phone Laurece on 4455 5428
Please bring along a piece of fruit, children’s change of clothes & hat. A donation toward tea & coffee would be appreciated. Everyone Welcome

Managing Strong Emotions 6 Session Course for Men

Strong Emotions are normal. It’s what you do with them that can lead to problems. Losing your Temper, Over-Reacting and Getting Stressed Out can get in the way of Good Relationships.
However, Learning to Manage your Strong Emotions can Make a Difference in Personal Relationships.
In this new course you will learn how to -:
- Identify emotional triggers – those things that others do that drive you mad
- Recognise your unique way of responding to triggers physically & emotionally
- Keep your ‘cool’ when you’re about to ‘lose it’
- Keep your ‘cool’ when someone’s losing it with you

Dates: Commences Tuesday 19th February 2013: 5 – 7 pm
6 sessions concluding on 26th March
Venue: Milton Ulladulla Family Support Centre- 158 Green Street Ulladulla
Hosted by: Kevin Percival - Bookings Essential
Sponsored by Milton Ulladulla Family Support Service & Anglicare
Please call Laurece on 44 555 428 for information & Bookings
Milton Ulladulla Bulldogs Jnr rugby league
Registration dates for the 2013 season
West Ulladulla Sporting Complex
Thursday 7th Feb 4 - 6pm
Registration fees for the season are $75 per child, this includes registration to CRL, insurance and full playing strip (jersey, shorts & socks). Those who register and pay in full on these days go in the draw to win back their rego fee.
This year we are also looking for players for our girls U14 league tag team, players at present can be born between 1999-2001.
For new registrations please bring your child’s birth certificate or passport as identification.
Please note for all registrations the player needs to be present to sign their registration along with a parent / guardian and in some cases photos will need to be taken for rego cards.

Take Home A Big Brother Or Big Sister
Give your children the wonderful opportunity to have an international big brother or big sister by hosting one of our exceptional international students arriving in Australia in July 2013 for their 3, 5 or 10 month programs. Our international students from France, Germany, Italy, Sweden, Norway, Denmark, Finland, Japan, and Spain will live as a local, attend a local secondary school, arrive with their own spending money and comprehensive insurance cover – all arranged by Southern Cross Cultural Exchange. Visit us at www.scce.com.au, email scceaustr@scce.com.au or call us toll free on 1800 500 501, request our international student profiles, and capture the spirit of family and friendship!

Junior Basketball has started!
Miniball is for primary school aged children:
Aussie Hoops 4:00- 4:30
Aussie Hoops is a program that teaches children basketball skills through fun based activities. This is recommended for boys and girls in Kindergarten to Year 2.

Miniball (mixed)
Miniball focuses on developing basketball skills and incorporates a game each week.
4:30-5:30 Under 10’s (Year 3,4)
5:30-6:30 Under 12’s (Year 5,6)

We welcome back our players from last year and encourage everyone to bring a friend. If you haven’t played before, we will teach you, come along and have a try.
Cost is $5.00 per week for all junior basketball.
No uniforms required and we play every week, rain, hail or shine.
Just turn up on Tuesday (or Thursday), call the stadium on 4455 1575 or email milton.ulladulla.basketball@gmail.com for more information. We play on the basketball courts at the Milton Showground, Croobyar Road.

Milton Show Poetry
Milton Show is again holding a poetry speaking comp for primary school children. ( Class30019 in schedule )
Friday 1st March at 5pm. Placings to 6th but all entrants will be presented a award. No restrictions in format or genre poems may be read or recited but a well-recited performance will be preferred to a read item. Entry numbers are restricted to 12 so first come first served. Entries by phone to me John Davis 02 44552013 or email at jda76436@bigpond.net.au could you please advise your students.

Milton Show Vegetables and Fruit
Children are encouraged to put in their vegetables and fruit in Milton Show with special sections specifically for children up to 18 years old. A workshop on Sunday 24th February 10AM Milton Showground explains how to enter vegetables in the show. All children need to be accompanied by an adult.
For more information contact Shirley 44540597 or Robyn 44564057.

Milton Show - Jam Making Workshop
Milton Show is running a Jam making workshop 1.30 PM Saturday 16th February 2013. Children are welcome to come and learn if they have an accompanying parent or carer.
To register and for further information please contact Robyn 44564057 or Shirley 44540597.

Ulladulla Physie Club
Established 35 Years
Are you a girl or lady aged from 3 years looking for a fun and social way to have fun and get fit?
Then come along to one of our classes and see what Ulladulla Physie Club has to offer.
We have Tiny Tots Classes for the Under 5’s which focus on fun, dance, posture, fine & gross motor skills, rhythm & beat, balance & control and confidence.
Classes start at just $6. No uniform or footwear is required to classes
www.ulladullaphysie.webnode.com
E: ulladullaphysie@hotmail.com
Classes are as follows:
Wednesdays – Milton Public School Hall Thurs – Ulladulla High School Hall
Tiny Tot’s 4.00pm-4.45pm
5/6 Years 4.00pm-5.00pm
13/14/1st Year Seniors 4.45pm-5.45pm
7/8 Years 5.00pm-6.00pm
11/12 Years 5.45pm-6.45pm
9/10 Years 6.00pm-7.00pm
Ladies 7.00pm-8.30pm

Contact Lindi Jamieson-Brown, your local Saver Plus Worker:
02 4454 4505 / 0427 489 234 or
lindi.jamieson-brown@themixfamily.com.au
Saver Plus was developed by AH&F and the Brotherhood of St Laurence and is delivered in Wollongong and Wollongong by The Smith Family.
Saver Plus is funded by AH&F and the Australian Government.
GROUP SINGING CLASSES
with Leone Rogers.
Fun classes to improve confidence, range, strength and skill.
Available 4pm Thursdays at Ulladulla Public School
Term 1 (10 weeks from Feb 7) fees are $110 per student.
Private and shared lessons available
For more info contact Leone on 0415 860 519;
or leone@haventyouheard.com, leonerogers.wix.com/leone

EXPRESSIONS OF INTEREST
WEIRD AND WONDERFUL WORKSHOPS
CHILDREN’S ART AND CRAFT
with Jan Kierzkowski
Now enrolling for Term 1

These art and craft workshops have proven to be very popular.
We explore and discover visual art and crafts, storytelling, artists and cultures using a wide variety of mediums and techniques.
Jan Kierzkowski is a working artist with experience in many creative and educational settings since 1983.
If you would like to enroll your child please fill out the slip at the back of this newsletter.
○ Ages 6-12
○ 3.45 –5.00pm
○ $10 per class (to be paid by term) can be left at Milton School office (must be in a sealed envelope with the correct money no change can be given)
○ All material supplied.
Enquires to Jan 0477 552 931 or willowgrove6@hotmail.com

EXPRESSIONS OF INTEREST
WEIRD AND WONDERFUL WORKSHOPS
CHILDREN’S ART AND CRAFT
with Jan Kierzkowski - Now enrolling for Term 1

Childs name: ____________________________________________
Age: ____________________________________________________________________________
Preferred afternoon: ____________________________________________________________________________
Contact number or email: ________________________________________________________________
Thank you to these local businesses for supporting our Parent News.

ENROL NOW!

- 24 place centre, open from 8.30am until 4.30pm.
- Two rooms - 2-3 yrs, and 4-5 yrs (School Readiness Program).
- Highly qualified and caring staff who are implementing the new Early Years Learning Framework.
- Ratio of 1 staff member to 6 children.
- Drop in or call for an Information pack to be sent out to you.

“Mum’s free mini muffin Mondays” @ Café Overboard

A yummy mini muffin free with your coffee every Monday morning February and March and baby chinos for your little ones by the water—next to Hartcourts Ulladulla.

Michael Owens and Ryoko Hayashi
4454 2914

Glen Staunton’s Tennis Coaching

ENROL NOW for Term 1

ZUMBONIC
Tues 5 - 5.45pm
18/19 per term or 17 causal
Kids 3yrs+

Zumba Fitness
Tues 6 - 7.00pm
12yrs+

*NEW VENUE from 18th Feb*
Ulladulla Catholic Church Hall
Victoria 0414 615 545

GKR Karate is conducting classes for children, adults and families in your area.

Fred Dixon – 0456 816 133
GKR Karate Ulladulla

TED’S Quality MEATS

89 Princes Highway Milton - Phone: 4455 1207

Milton Chinese Medicine
Chinese Herbal Medicine
Acupuncture
Massage

- Pain relief
- Women’s health
- Allergies and skin problems
- Children’s health
- Stress and other conditions

Michael Owens and Ryoko Hayashi
4454 2914

“get fit the fun way”
ZUMBA

ENROL NOW!